

You Are Here from Stuck to Success

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Ice Breaker

What is one crazy and audacious goal that you have in the next 5 years?

What's something you dream about that maybe you haven't told anyone (*be courageous and vulnerable*).



What would
you do if you
weren't
afraid?



The Things That Make Us Feel Stuck



Imposter Syndrome





The Voices

The Comparison Issue





Perfection
over
Progression

Finish Line Syndrome



Tips for Getting Unstuck



Fear & Faith Cannot Co- Exist





**Understand
Backward,
Live Forward**

Evaluate Your Tribe





Leverage Your SuperPowers

Embrace
the Plateau





Choose Again

Faith is an Act
of Courage!

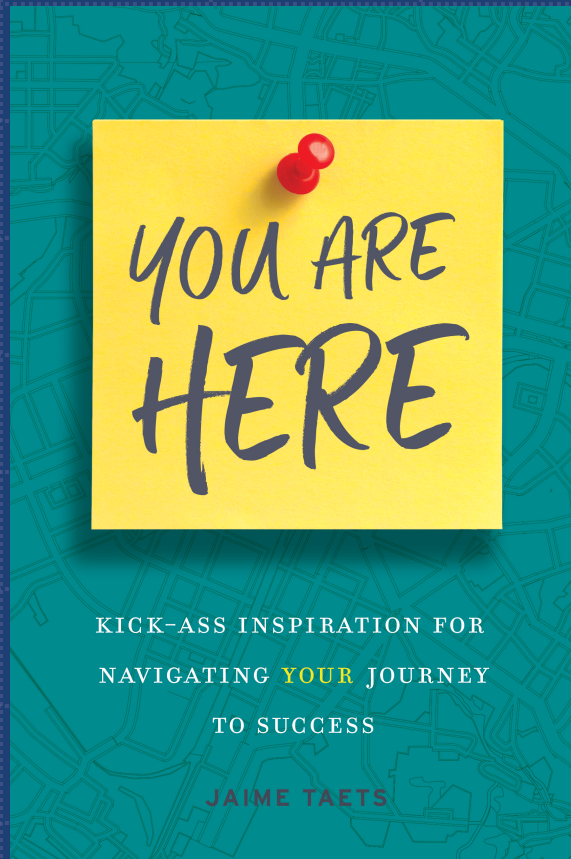


Breakout: Action Kills Fear!

- 1. What is one fear that you recognize is holding you back.**
- 2. What is one Courageous Commitment you will make today to kill that fear?**



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